NORTHSIDE CENTER

Community Mental Health Promotion & Support (COMHPS)

Northside's Community Mental Health Promotion and Support (COMHPS) Program promotes mental wellness and strengthens communities by providing emotional support, education, and connections to essential resources for individuals and families served through Northside's programs.

COMHPS serves as a vital safety net, helping address challenges such as emotional stress, social isolation, and barriers to accessing care. Our presence is consistent at neighborhood and school events in communities with limited access to mental and behavioral healthcare, we work with faith groups, shelters, food pantries, and other needed resource groups to connect children, adults, and families with mental health, behavioral health, and supportive services available through Northside Center and our network of community partners.

COMHPS helps build resilience, reduce stigma, and ensure that individuals and families receive the support they need to thrive.

WE SERVE

- Children & Youth
- Families
- Schools & Educators
- Community Members

WHAT WE PROVIDE

- Emotional Support
- Crisis Navigation
- Youth & Family Advocacy
- Community Resource Referrals
- Wellness & Prevention Education
- Interactive Wellness Workshops
- Behavioral Health Connections
- Community Outreach

Our Impact

4,000+

individuals served annually through emotional support, community outreach, and resource connections.

WHAT MAKES COMHPS UNIQUE?

Community-Based. Accessible. Responsive. COMHPS delivers on-the-ground support and fast resource connections where and when people need them most.

Mental Wellness | Inclusive Care | Accessible Resources | Empowered Neighbors

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